



# MAKE A START MANSFIELD

New post-COVID support group  
held at Mansfield Museum

- Get back on your feet after lockdown.
- Make friends, meet people and build confidence.
- Learn to mix with people again.
- Relax, chat and take part in a range of activities.
- Enjoy a cuppa and a biscuit, with a warm welcome too.
- COVID-secure and easy access venue.
- Free to join (or small donations accepted).

**Starts Thursday 22 July, every week for 6 weeks  
from 12.30pm to 2pm**

**FREE  
community  
transport to  
Mansfield  
Museum  
available.**



**Mansfield**  
Cultural Services

**Email: [cneil@mansfield.gov.uk](mailto:cneil@mansfield.gov.uk)**

**Call: 07903 560056** and we'll call you back!

You can also ask your social prescribing link worker.



**Mansfield**  
District Council