

Would you change your lifestyle to reduce the risk of having dementia in the future?

We are doing a study to investigate what people would be prepared to do to potentially reduce the risk of getting dementia in the future.

This will help researchers and health professionals to better understand the scope for changing lifestyle to reduce the number of people developing dementia.

You are eligible to participate if you are **aged 50 or above and have never received a dementia diagnosis**. All you will need to do is to fill in an anonymous and confidential online survey using the link: <https://nottingham.onlinesurveys.ac.uk/dementiasurvey>

It may take 15 to 25 minutes to complete and you can win one of three £50 Amazon vouchers.

For more information please contact Dr Deborah Oliveira by telephone: 0115 74 84306 OR by E-mail: deborah.deoliveira@nottingham.ac.uk

Thank you